



Los Osos Middle School
2017 Cross Country Schedule



Day	Date	Event	Location	Time	Depart
Friday/Saturday	September 23	Tough 2	LOMS	TBA	
Saturday	September 30	Judkins Mountain Goat	Judkins MS	9:00	Parent Drive
TBA	October 3	Morro Bay Rock Run	Morro Bay	3:30	Parent Drive
Saturday	October 7	Guadalupe Meet	Guadalupe	TBA	Parent Drive
Wednesday	October 11	Paulding Invite	Paulding MS	3:15	2:00
Tuesday	October 17	Mesa Challenge	Nipomo Comm. Park	3:00	1:45
Wednesday	October 25	Old Mission School	Fairbanks Course	3:00	2:15
Thursday	October 26	Laguna Lake Run	Laguna Lake	3:00	2:10

Coach Cole Nagler

Coach Stephanie Lacalle

Updated 8/22/17