

Los Osos Middle School

Middle School Sexual Health Education

Dear Parent/Guardian,

San Luis Coastal Unified School District offers a Health & Family Living Unit for students enrolled in middle school science classes. This unit includes instruction on sexual health, which addresses many of the sexual health issues students face, or will face, in their lifetime. Some of these issues include:

HIV/AIDS	Accessing sexual & reproductive health care resources
Sexually transmitted infections	Gender Identity & Sexual Orientation
Birth control	Emergency contraceptive methods
Refusal skills	Developing healthy relationships

The Sexual Health instruction is guided by several state laws including teaching that abstinence from sexual intercourse is the only 100% effective protection against unwanted teenage pregnancy, sexually transmitted diseases, and Acquired Immune Deficiency Syndrome (AIDS) when transmitted sexually. Comprehensive Sexual Health Education is required by Education Code 51930-51939. We will be using Positive Prevention *PLUS* curricular materials for this unit.

It is required that parents/guardians be notified prior to instruction. All written or audiovisual materials to be used in this unit are available for inspection upon request. If you would like to schedule a time to review these materials, please contact the Instructional Services Department at 805-549-1277.

As a parent/guardian, nothing can replace the teaching you provide. It is you who can best communicate sexual health issues in the context of your family's beliefs and values in a way that meets your teen's needs. Please consider using your student's participation in this unit as an opportunity to communicate with your teen about these very important issues.

State law allows you to remove your student from sexual health instruction. If you do not want your student to participate in comprehensive sexual health or HIV prevention education, please give a written request to us by **May 1, 2017**

Sincerely,

LOMS Staff